

# Birth Information Questionnaire Notes

(to be filled out during our 1<sup>st</sup> prenatal meeting - all others to be filled out before our 1<sup>st</sup> prenatal meeting)

Stripping or sweeping your membranes \_\_\_\_\_

Induced labor \_\_\_\_\_

Pitocin augmentation \_\_\_\_\_

Artificial rupture of membranes \_\_\_\_\_

Wearing a hospital gown \_\_\_\_\_

Routine IV during labor and birth \_\_\_\_\_

Not being allowed to eat and/or drink during labor \_\_\_\_\_

Narcotic pain relief \_\_\_\_\_

Epidural \_\_\_\_\_

Urinary catheter \_\_\_\_\_

Continuous external fetal monitoring \_\_\_\_\_

Internal contraction monitoring (not a choice) \_\_\_\_\_

Internal fetal scalp monitoring (not a choice) \_\_\_\_\_

Breath holding (purple) pushing \_\_\_\_\_

Pushing in the supine position (on your back) \_\_\_\_\_

Perineal stretching (hands in vs. hands off) \_\_\_\_\_

Episiotomy \_\_\_\_\_

Perineal tear (*this is not a procedure*) \_\_\_\_\_

Vacuum extractor or forceps delivery \_\_\_\_\_

Surgical birth (Cesarean) WITHOUT your doula \_\_\_\_\_

Early cord clamping (before cord stops pulsating) \_\_\_\_\_

Deep suctioning of baby's airways \_\_\_\_\_

Erythromycin in baby's eyes \_\_\_\_\_

Vitamin K injection \_\_\_\_\_

Placenta being injected with Formalin \_\_\_\_\_